

# “How is it for Me” a front line nurse’s view

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- The definition of E-Health adopted by the RCN e-health steering group and now the e-Health Nurses Network:

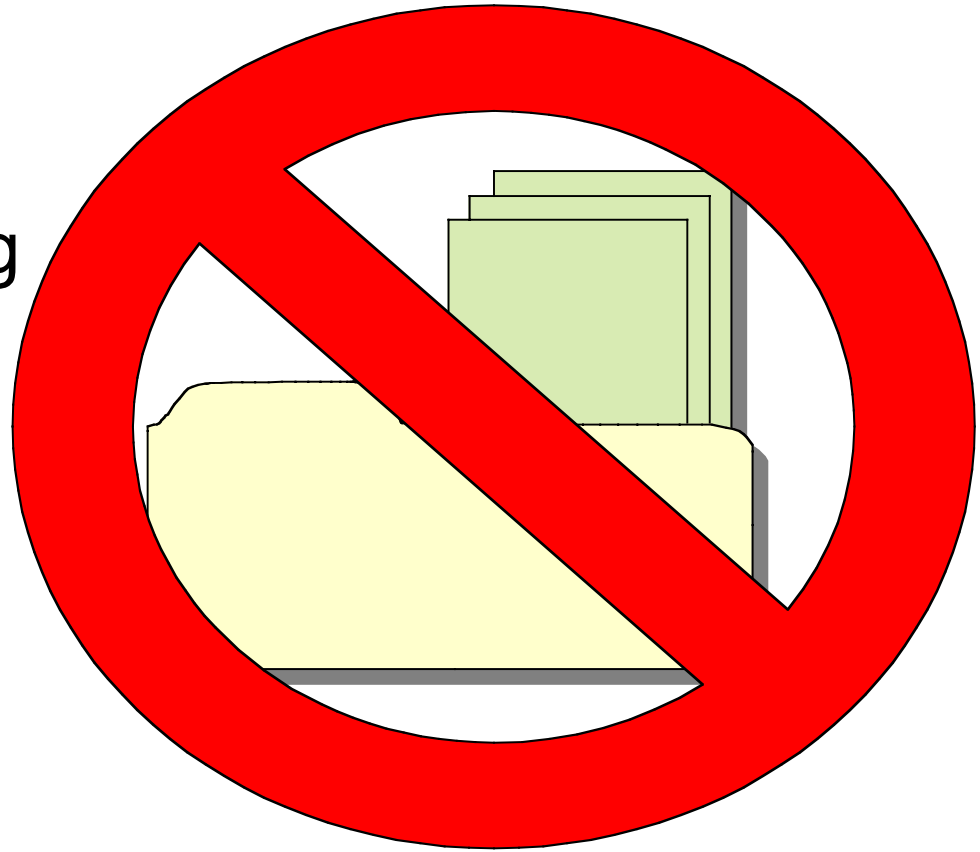
**“The promotion and facilitation of health & well-being with individuals & families and the enhancement of professional practice by the use of information & communication technology”** Adapted from Gott M (1993)

# Systems need to be

- Nurse friendly
- Appropriate
- Fitting in with working process
- Portable
- Robust
- Waterproof

# Go Live e-day.

- All paper and pens banned any staff found with them will be fined, money going to the coffee fund.



- Staff involvement at conception of the idea
- Not just the computer friendly staff but the hostile ones as well
- Evaluation of what is needed –equipment, training, protected time, tech support 24 hrs
- The ability for staff to be able to “break it” before go live.
- Appropriate workstations and chairs.
- IT to become core training for all nurses

# What e-health is NOT

